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"This guide has been designed to help you develop the skills and knowledge required to apply knowledge of nutrition to the performance of a range of beauty therapy treatments." - page 1. The toolkit with the knowledge and skills you need to successfully practice beauty therapy. Professional Beauty Therapy is the industry bestseller. This third Australian edition now addresses significant changes to help you achieve your qualification. Professional Beauty Therapy provides you with the specialist skills, knowledge and current trends you need to give you that professional edge. This title covers the common core competencies of the Certificate IV and Diploma and an additional 23 competencies. Provides a flexible approach to teaching through activities, demonstrations, quizzes and student worksheets. Designed to assist you in the planning and delivery of classes. Interactive worksheets and quick quizzes keep students motivated and help measure the success of each session. Shows how activities link to relevant Key Skills. Contains a FREE easy-to-use CD-ROM with fully editable worksheets, networkable photos from the coursebook and answers to student quizzes. Including step-by-step instructions and lots of activities to help students build their portfolio, this introduction to beauty therapy continually tests knowledge and understanding so that candidates can develop the skills they need to achieve success at S/NVQ level 2. Beauty Therapy Study Skills will be indispensable for students undertaking NVQs or other vocational qualifications in Beauty Therapy at Level 2. Published in association with City and Guilds, the text provides extensive guidance on study skills, revision techniques and tips on how to pass examinations. Each chapter contains a 'What you need to know checklist', revision maps, and multiple choice and sample tests. Also included are multiple choice and short answer questions and sample tests. The bestselling Professional Beauty Therapy is a comprehensive print and digital resource addressing the latest training package requirements for the Certificate IV and Diploma in Beauty Therapy courses. Designed for learning with latest industry trends, Professional Beauty Therapy 4e provides students with the specialist skills and underpinning knowledge required to successfully practice beauty therapy. Step-by-step procedures clearly demonstrate the practical application of knowledge and techniques. The competency-based structure matches the streamlined training package. Providing coverage of the skills and knowledge of body treatments and body care required by beauty therapists, this text details information on galvanic electrical treatments and covers the requirements of national and international courses run by CIDESCO, IHBC, ITEC and by the City and Guilds and BTEC National in Beauty Therapy (NCVQ Level III). This book is a step-by-step guide to starting and running a successful beauty salon. It is aimed at the budding entrepreneur; a qualified beautician working for someone else who now wants to go it alone; or someone who is looking to change direction in their career. It draws on the experience of two people who have spent the last 25 years on the high street and in the field of beauty therapy. The beauty industry is growing rapidly. The face and skincare industry is already a multi billion pound industry. The desire to look good and younger has never been stronger. Men are increasingly joining in, with actors and footballers now promoting skincare ranges. In this book you will find everything you need to know, from starting up to managing your own profitable salon. It includes: - Training and gaining experience - Deciding what type of salon you want to run, and finding the right location - Planning the layout and decor - Buying equipment & products - What treatments to offer and what clientele to target - Managing staff and understanding employment legislation - Dealing with finance and accounts - Marketing and advertising your salon Contents: Acknowledgements; Preface; 1. Starting out in the beauty industry; 2. The Salon; 3. Salon management; 4. Qualifications, training and skills; 5. Staff and employment; 6. Clients and treatments; 7. Selecting products, equipment and furniture; 8. Business management; 9. Finance, money and accounts; 10. Marketing, advertising and promotion; 11. Formula for success; Index. This book introduces readers to all the skills and knowledge needed to get started in a career as a trained beauty therapist. Well illustrated and with step-by-step photographs, readers can see how to carry out all the procedures. Additional activities and case studies help readers gain the knowledge needed to practise at this level. Textbook for beauty therapy syllabuses The outward appearance of an individual is the first thing to attract the attention of others. It is, therefore, of great importance to be presentable always. The Beauty and Wellness sector is growing fast and is an important industry in today's world. Wellness and beauty industries have undergone a remarkable growth story in recent years due to young populations, rising incomes and an overall change in conscience towards a healthier lifestyle. Beauty culture training is currently being provided by private organizations and qualified ladies to try to set up their beauty parlors in small and medium-sized towns. The rapid growth of the beauty and wellness industry,

together with the entrance of many small and large companies into the market, has led to a huge demand for trained staff or beauty therapists. The industry is booming and is mainly due to the growing urge of both men and women to look fashionable and feel good about themselves. Customers frequent the salon to take advantage of beauty treatments and therapies. The beauty salon must, therefore, provide its customers with a happy experience. Beauty Parlour is a service-oriented facility in which ladies receive care to improve their appearance. In this book, you will learn about the basic aspects of the beauty industry, career opportunities in the field, various beauty treatment facilities, the planning and maintenance of the work area, and the requirements of health and safety to be practiced at the workplace. You will learn how to master the three most in-demand nail therapy today-acrylic, gel, and glazed. Providing care to clients requires knowledge of hygiene, anatomy and physiology, and histology of the skin. To provide quality care to their clients, beauty therapists need to learn about the ingredients used in cosmetics, the materials, the methods of skincare and the beauty equipment, and how they affect the skin and the body. You will also learn how to conduct facials that make your clients look younger and better as well as how to take your facial treatments to the next level by delivering skin analysis, peels, masks, steam treatments, and much more. Give yourself a top-to-toe makeover, no matter what your age or sex. This gem of a book is packed with tips from the beauty therapist celebrities adore. If you wake up to a bad hair day or tired eyes, Bharti Vyas will have a handy tip to rescue you. From vital skincare - how to maintain a fabulous face - to inner health and diet, through home therapy and massage, you'll look and feel brand new. There's an A to Z of essential ingredients to enhance your natural radiance, and a guide to using make-up for maximum effect. Bharti will teach you the basics of how to be beautiful and how to put the vitality back in your life. Provides a full-colour layout and salon photographs. This title aims to match the 2004 S/NVQ standards. It provides step-by-step routines and colour photographs for the key beauty procedures, and covers hydrotherapy, spa treatments, and nail art. Places an emphasis on the development of practical beauty skills, guiding students through the course with clear explanations, illustrations, and practice tips. This title contains chapters on professional roles and responsibilities, including health, hygiene, and safety. It also covers cosmetic, skin and nail disorders in full colour. This student book has been thoroughly reviewed by VTCT and includes exclusive guidance and advice. The engaging text-design is packed with learning features to help students embed the necessary knowledge and understanding. The new edition of Beauty Therapy: The Basics for NVQ 1 and 2 has been fully up-dated to match the revised 2004 NVQ specifications. In full colour throughout, this textbook provides essential information on the beauty therapist's role. Main features include: - a comprehensive overview of the industry -multiple choice exam questions from past papers -a matching grid to the specification -advice on portfolio construction -practical career guidance specially-commissioned photographs throughout help to illustrate the key techniques, making this an invaluable resource for all beauty therapy students. Beauty Therapy. Text on Electrical equipment for Beauty Therapy students The Beauty Therapy Fact File has been written for all ages and levels of ability and provides a comprehensive reference for students studying beauty therapy up to and including NVQ Levels 1, 2 and 3. It also covers the course requirements for Business Management and Aromatherapy Level 3. Beauty therapists have to acquire a great deal of knowledge when undertaking any course. This book, therefore, is an invaluable guide to principles and practices in beauty therapy since it covers all aspects of the subject which are important to the trainee and practitioner. There is a comprehensive section on business management, and the detailed anatomy, physiology and required electrical science content of the syllabuses are included. New beauty therapy treatments such as floatation tank therapy, laser therapy, ultrasound, crystal therapy and the use of alpha hydroxy acids are covered in some detail, and there is a new chapter on aromatherapy. The book is presented in a clear and concise way to enable students to find information quickly and easily. Divided into five parts, the contents include: \*Facial treatments \*Body treatments \*Epilation and hair \*Manicure, pedicure and depilation \*Business management. Susan Cressy has been in the beauty business management for twenty-five years as a practising therapist, business manager, training manager, college lecturer and examiner for the CGLI. Teaching business management to students for seven years, Susan's industrial experience in management started early on in her career when two years after leaving college she was promoted to a management position running a health club for a large hotel group. THIS was followed by a management position working with an internationally renowned hairdresser. Having established her own business, which she ran for ten years, Susan Cressy is currently running her own beauty consultancy and lecturing at South Trafford College, Manchester. An invaluable guide to principles and practices in beauty therapy Covers all aspects of beauty therapy which are important to the trainee and practitioner. Information presented in a clear and concise way This book looks at beauty therapy. This 3rd edition includes new material including coverage of spa therapy, Indian head massage, electro-epilation, photographic make-up and more. The beauty therapist, increasingly called upon to administer massage, will welcome this manual. Its modern and practical approach will appeal to all who wish to improve their standard of massage. The physical comfort and reassurance which massage can give, especially when coupled with exercises, make it more than a sensuous luxury: rather it is a

positive factor in promoting bodily wellbeing. The clear and detailed explanations of massage techniques in 'Body Massage for the Beauty Therapist' are supplemented by many drawings and photographs, which also serve to clarify the structure of the human body and its functioning. The personality and qualities of the therapist are brought into perspective and helpful advice given on the organization of the salon. Valuable sections are included on relaxation techniques, correct breathing and exercises which the client can undertake. Aromatherapy and gyratory massage are also covered. For candidates of S/NVQ Level 2 Beauty Therapy. There is an accompanying Tutor Resource File published in December 2002, ISBN 0 435 45158 8. A departure from current textbooks with its clear design and layout, S/NVQ Level 2 Beauty Therapy is accessible to all candidates - whatever their ability. - Specially-commissioned photographs show step-by-step procedures. - Clearly drawn diagrams illustrate the anatomy and physiology section. - The book covers all the units of the qualification so it's the only book candidates need for the course. Building upon Lorraine Nordmann's classic text, this second Australian edition of Professional Beauty Therapy will equip students with the knowledge and skills required to successfully practice beauty therapy. Combining theory and practice in one easy-to-use book, Professional Beauty Therapy covers the core competencies in the new SIB10 Beauty Training Package, including health and safety, beauty sciences, treatments and professional practice. Comprehensive, easy-to-use and up-to-date with the latest industry trends, Professional Beauty Therapy will provide your students with the specialist skills and underpinning knowledge you need to give your learning that professional edge. There is something magical about a book waiting to be filled with your own work. Whether it's a beautifully detailed sketch or a fun doodle drawing and Journaling, This unique Composition Notebook is perfect for Youth, Children, and People of All Ages to create their masterpiece on. Filled with 101+ blank standard 6"x 9" sized pages and a high-quality full-color SOFT glossy cover. Blank Notebooks are perfect for: Stocking Stuffers & Gift Baskets Birthday & Christmas Gifts College / School Notes Graduation & End of School Year Gifts Summer Travel Journaling Art Classes Doodle Diaries & much more... Matched to the 2004 standards, this handbook contains comprehensive coverage of the Beauty Therapy, Body Massage and Spa pathways. It includes step-by-step photographs for every procedure to help students learn the skills they need. This student book covers all the mandatory units for the BTEC National Diploma, National Certificate and Award as well as additional units in complementary therapies. Colour photographs and diagrams clearly illustrate all the practical skills students need to learn. This edition has been updated to "cover new trends and includes the underpinning knowledge for the skills you will need in your practice as a beauty therapist. Covering areas such as nutrition and lifestyle, and spa treatments as well as all the main therapies, this book will support you in your day-to-day work. The anatomy and physiology section has been completely revised to include extensive diagrams of all body systems." - back cover. This guide is for the therapist wishing to achieve advanced skills in facial and body treatments and covers a diverse range of treatment services.

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